

Adults Days

MONDAY ROUND ROBINS

at Newton South High School

Session 1: June 24, July 1, 8, 15, 22

Session 2: July 29, August 5, 12, 19, 26

Time	Level	Cost per 5 class session
9:00-10:30 am	Intermediate	\$110
10:30-12:00 pm	Adv. Intermediate-Advanced	\$110

TUESDAY MORNING

at Newton South High School

Session 1: June 25, July 2, 9, 16, 23

Session 2: July 30, August 6, 13, 20, 27

Time	Level	Cost per 5 class session
Cardio Tennis		
9:00-10:00 am	Intermediate-Advanced	\$145
Clinics		
10:00-11:00 am	Beginner- Low Intermediate	\$145
11:00 am-12:00 pm	Intermediate	\$145

WEDNESDAY MORNING

at Newton South High School

Session 1: June 26, July 3, 10, 17, 24

Session 2: July 31, August 7, 14, 21, 28

Time	Level	Cost per 5 class session
Cardio Tennis		
9:00-10:30 am	Intermediate-Advanced	\$194
Clinic		
10:30-12:00 pm	Beginner- Low Intermediate	\$194



THURSDAY MORNING ONE AND DONE

at Newton South High School

June 27, July 11, 18, 25, August 1, 8, 15, 22, 29

Time	Level	*Cost per 1 class session
9:00-10:30 am	Intermediate	\$40
10:30 am-12:00 pm	Advanced Intermediate- Advanced	\$40

**(includes \$5 registration fee)*

Sign up for just one class at a time. Must be pre-registered.

First come, first served. 24 hour notice required for withdrawal.

FRIDAY / JOE'S DOUBLES STRATEGY

at Newton South High School

Session 1: June 21, 28 July 12, 19, 26

Session 2: August 2, 9, 16, 23, 30

Hardcore Drilling, Strategy and Match Play for everyone from level 3.0 to 4.0. For ambitious players looking to refine doubles performance and play lots of matches with Doubles league play coaching from master Joe Smith.

Time	Level	Cost per 5 class session
9:00-10:30 am	Advanced Intermediate	\$150
10:30-12:00 pm	Advanced	\$150

ADULT PLAYER LEVELS Which level fits you best?

Beginner	New player. Less than a years' experience.
Advanced Beginner	Starting to hit forehand, backhand, and serve. Starting to rally back and forth and play points.
Intermediate	Becoming more confident. Starting to develop power on at least one side (FH or BH). Can execute basic strategies of singles and doubles.

Adv. Intermediate	Able to solidly execute basic strategies. Consistent and hits with some power.
Advanced Player	Has power, control, variety, and competitive experience.

Adults Evenings



MONDAY EVENING

at Newton North High School

Session 1: June 24, July 1, 8, 15, 22

Session 2: July 29, August 5, 12, 19, 26

Time	Level	Cost per 5 class session
Clinic		
6:30-7:30 pm	Beginner-Adv. Beginner	\$145
Cardio		
7:30-9:00 pm	Intermediate-Advanced	\$194

TUESDAY EVENING

at Newton South High School

Session 1: June 25, July 2, 9, 16, 23

Session 2: July 30, August 6, 13, 20, 27

Time	Level	Cost per 5 class session
Clinic		
6:30-7:30 pm	Intermediate	\$145
Cardio		
7:30-9:00 pm	Intermediate-Advanced	\$194

WEDNESDAY EVENING

at Newton South High School

Session 1: June 26, July 3, 10, 17, 24

Session 2: July 31, August 7, 14, 21, 28

Time	Level	Cost per 5 class session
Clinic		
6:30-7:30 pm	Intermediate	\$145
Cardio		
7:30-9:00 pm	Intermediate-Advanced	\$194

THURSDAY EVENING

at Newton North High School

Session 1: June 20, 27 July 11, 18, 25

Session 2: August 1, 8, 15, 22, 29

Time	Level	Cost per 5 class session
Clinic		
6:30-7:30 pm	Beginner- Low Intermediate	\$145
Cardio		
7:30-9:00 pm	Intermediate-Advanced	\$194

ADULT CLASS DESCRIPTIONS

CLINICS. Fun group lessons with lots of hitting. Play at the end of each clinic.

JOE'S DOUBLES STRATEGY CLINIC. Warm up for doubles, with hitting and strategy drills. Then play doubles matches with expert tips from Joe.

CARDIO. High octane, cardio workout. Fast and fun. Hitting balls and conditioning take precedence over fundamentals in this highly popular class.

ROUND ROBINS. Just show up and play! We provide the partners.