

# Adults

## Days

### TUESDAY MORNING

at Newton Centre Playground (Clay Courts)

**Session 1:**

June 24 • July 1, 8, 15

**Session 2:**

July 22, 29 • August 5, 12

Time	Level	Cost per 4 class session
<b>Cardio Tennis</b>		
9:00-10:15 am	Intermediate-Advanced	\$64
<b>Clinic</b>		
10:15-11:15 am	Beginner, Adv. Beg., Low Intermediate	\$72
11:15-12:15 pm	Intermediate	\$72

### WEDNESDAY MORNING CLINIC

at Newton Centre Playground (Clay Courts)

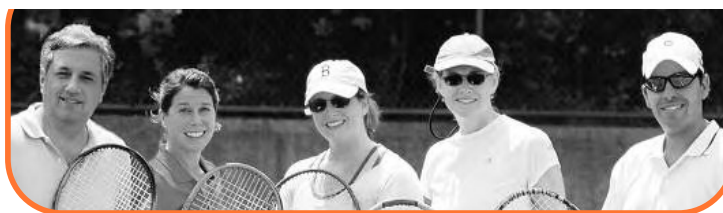
**Session 1:**

June 25 • July 2, 9, 16

**Session 2:**

July 23, 30 • August 6, 13

Time	Level	Cost per 4 class session
9:15-10:15 am	Intermediate-Adv. Intermediate	\$72
10:15-11:15 am	Beginner, Adv. Beg., Low Intermediate	\$72
<b>Drill &amp; Play</b>		
11:15-12:30 pm	Intermediate-Adv. Int.	\$56



### THURSDAY MORNING

at Newton Centre Playground (Clay Courts)



**Session 1:**

June 26 • July 3, 10, 17

**Session 2:**

July 24, 31 • August 7, 14

Time	Level	Cost per 4 class session
<b>Cardio Tennis</b>		
9:15-10:30 am	Intermediate-Advanced	\$64
<b>Play &amp; Learn</b>		
10:30-12:00 noon	Advanced Beginner-Low Intermediate	\$72

### MONDAY & THURSDAY AFTERNOON ROUND ROBINS

at Newton Centre Playground (Clay Courts)

**Mondays** – June 23, 30 • July 7, 14, 21, 28 • August 4, 11

Time	Level	Cost
1:00-2:30 pm	Intermediate	\$64

**Thursdays** – June 26 • July 3, 10, 17, 24, 31 • August 7, 14

Time	Level	Cost
3:00-4:30 pm	Intermediate	\$64

**Cost to sign up for both: \$112**

### 3 DAY ADULT INTENSIVE

at Newton Centre Playground (Clay Courts)



Monday thru Wednesday. Rain make up Thursday on Clay.

**Session 1:**

August 18, 19, 20 • Rain date: August 21

**Session 2:**

August 25, 26, 27 • Rain date: August 28

Time	Level	Cost
9:15-12:00 noon	Intermediate-Advanced	\$136

- High Energy
- Fundamentals
- Fun
- Specialty shots
- Intensive Learning
- Strategy
- Fast improvement
- Match play
- Footwork

## ADULT PROGRAM TYPES

**CLINICS.** Fun group lessons with lots of hitting. Play at the end of each clinic.

*The following have one teaching professional and a variable number of players.*

**PLAY & LEARN.** Game and Point Playing for Adv. Beginner-Low Intermediate.

**DRILL & PLAY.** Fast paced drilling with hitting partners, then Matchplay.

**CARDIO TENNIS.** A real Aerobic Workout! Warm up then hit notstop for 40 minutes.

**ROUND ROBINS.** Just show up and play! We provide the partners.

**3 DAY ADULT INTENSIVE.** Intensive learning, match play, strategy, and more...

# Adults



## Evenings

### MONDAY & WEDNESDAY EVENING CLINIC

at Newton South High School

Twice per week classes!

#### Session 1:

June 23, 25, 30 • July 2, 7, 9, 14, 16

#### Session 2:

July 21, 23, 28, 30 • August 4, 6, 11, 13

Time	Level	Cost per 8 class session
6:30-7:30 pm	Beginner–Low Intermediate	\$144
7:30-8:30 pm	Intermediate	\$144
8:30-9:30 pm	Advanced Int.–Advanced	\$144

### TUESDAY EVENING CLINIC

at Newton South High School

Once per week classes!

#### Session 1:

June 24 • July 1, 8, 15

#### Session 2:

July 22, 29 • August 5, 12

Time	Level	Cost per 4 class session
6:30-7:30 pm	Intermediate	\$72
7:30-8:30 pm	Beginner–Low Intermediate	\$72
8:30-9:30 pm	Beginner–Low Intermediate	\$72

### THURSDAY EVENING CLINIC

at Newton South High School

Once per week classes!

#### Session 1:

June 26 • July 3, 10, 17

#### Session 2:

July 24, 31 • August 7, 14

Time	Level	Cost per 4 class session
6:30-7:30 pm	Beginner–Low Intermediate	\$72
7:30-8:30 pm	Intermediate	\$72
8:30-9:30 pm	Adv. Intermediate–Advanced	\$72



### FRIDAY EVENING PLAY

at Newton South High School

June 27 • July 11, 18, 25 • August 1, 8, 15

Time	Level	Cost
<b>Play &amp; Learn</b>		
6:30-7:30 pm	Adv. Beginner–Low Intermediate	\$70
<b>Round Robin</b>		
7:30-9:00 pm	Intermediate–Advanced	\$64

\$14 per diem

(limited space / first come, first served)

## ADULT PLAYER LEVELS

### Which level fits you best?

<b>Beginner</b>	New player. Less than a year's experience.
<b>Advanced Beginner</b>	Starting to hit forehand, backhand, and serve. Starting to rally back and forth and play points.
<b>Low Intermediate</b>	Starting to put serve in consistently. Developing consistency on ground strokes. Has an understanding of basic strategy but not necessarily able to execute yet.
<b>Intermediate</b>	Becoming more confident. Starting to develop power on at least one side (FH or BH). Can execute basic strategies of singles and doubles.
<b>Advanced Intermediate</b>	Consistent and hits with some power. Able to solidly execute basic strategies.
<b>Advanced Player</b>	Has power, control, variety, and competitive experience.