

# Adults-Fall 2018

## Days

### MONDAY & THURSDAY ROUND ROBINS

*Mondays at Newton Centre Playground (Clay Courts)*

Sept. 17, 24 • Oct. 1, 15, 22, 29

Time	Level	Cost per 6 class session
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#### Round Robin

9:00-10:30 am	Adv. Beg – Low Intermediate	\$108
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10:30-12:00 noon	Advanced Intermediate	\$108
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*(At the discretion of staff, players may be asked to move based on level)*

*Thursdays at Newton Centre Playground (Clay Courts)*

Sept. 13, 20, 27 • Oct. 4, 11, 18, 25

Time	Level	Cost per 7 class session
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#### Round Robin

1:00-2:30 pm	Intermediate	\$126
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### TUESDAY MORNINGS

*at Newton Centre Playground (Clay Courts)*

Sept. 11, 18, 25 • Oct 2, 9, 16, 23, 30

Time	Level	Cost per 8 class session
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#### Clinic

9:00 – 10:00 am	Beginner–Low Intermediate	\$224
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10:00 – 11:00 am	Intermediate	\$224
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11:00 – 12:00 noon	Beginner–Low Intermediate	\$224
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### WEDNESDAY MORNINGS

*at Newton Centre Playground (Clay Courts)*

Sept. 12, 26 • Oct 3, 10, 17, 24, 31

Time	Level	Cost per 7 class session
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#### Clinic

9:00 – 10:00 am	Beginner - Low Intermediate	\$196
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10:00 – 11:00 am	Intermediate	\$196
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#### Cardio

11:00 – 12:00 noon	Intermediate - Advanced	\$196
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### THURSDAY MORNINGS

*at Newton Centre Playground (Clay Courts)*

Sept. 13, 20, 27 • Oct. 4, 11, 18, 25

Time	Level	Cost per 7 class session
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#### Clinic

9:00 – 10:00 am	Beginner - Low Intermediate	\$196
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10:00 – 11:00 am	Intermediate	\$196
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#### Cardio

11:00 – 12:00 noon	Intermediate - Advanced	\$196
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### FRIDAY MORNINGS

*at Newton Centre Playground (Clay Courts)*

Sept. 14, 21, 28 • Oct 5, 12, 19, 26

Time	Level	Cost per 7 class session
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#### Joe's Doubles Strategy

9:00 – 10:30am	Intermediate	\$210
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10:30am – 12:00pm	Adv. Int. – Advanced	\$210
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## ADULT PROGRAM TYPES

**Clinics.** Fun group lessons with lots of hitting. Play at the end of each clinic. *The following have one teaching professional and a variable number of players.*

**Play & Learn.** Game and Point Playing for Advanced Beginner – Low Int.

**Ready, Set, Singles!** Warm up, drill and come out swinging for three competitive rounds of Singles with coaching for Advanced Intermediate and up.

**Cardio Tennis.** A real Aerobic Workout! Warm up then hit non-stop for 40 minutes.

**Round Robins.** Just show up and play! We provide the partners

**In-House Doubles League.** Warm up for doubles with hitting and strategy drills. Then play matches with expert tips from Joe. Joe may decide level and time slot for players and all players must be willing to move if asked.

## Evenings

### TUESDAY EVENINGS

*at Newton South High School*

Sept. 11, 25 • Oct 2, 9, 16, 23, 30

Time	Level	Cost per 7 class session
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#### Clinic

6:30 - 7:30 pm	Beg-Low Intermediate	\$196
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7:30 – 8:30 pm	Intermediate	\$196
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#### Cardio

8:30 – 9:30	Advanced Int. – Advanced	\$196
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### WEDNESDAY EVENINGS

*at Newton South High School*

Sept. 12, 26 • Oct 3, 10, 17, 24, 31

Time	Level	Cost per 7 class session
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#### Clinic

6:30 -7:30 pm	Beginner–Low Intermediate	\$196
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7:30 -8:30 pm	Intermediate	\$196
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8:30 -9:30 pm	Advanced	\$196
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### THURSDAY EVENINGS

*at Newton North High School*

Sept. 13, 20, 27 • Oct. 4, 11, 18, 25

Time	Level	Cost per 7 class session
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#### Clinic

6:30 -7:30 pm	Beginner–Low Intermediate	\$196
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#### Cardio

7:30 -9:00 pm	Intermediate- Advanced	\$294
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### FRIDAY EVENINGS

*at Newton South High School*

Sept. 14, 21, 28 • Oct 5, 12, 19, 26

Time	Level	Cost per 7 class session
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#### Play & Learn

6:30-7:30 pm	Advanced Beginner-Low Intermediate	\$140
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#### Round Robin

7:30 - 9:00 pm	Intermediate to Advanced	\$126
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### SUNDAYS at Newton South High School

Sept. 16, 23, 30 • Oct 7, 14, 21, 28

Time	Level	Cost per 7 class session
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#### Cardio

4:00 - 5:00 pm	Intermediate - Advanced	\$196
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#### Clinic

5:00 - 6:00 pm	Beginner - Low Intermediate	\$196
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#### Cardio

6:00 - 7:00 pm	Intermediate - Advanced	\$196
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#### Ready, Set, Singles!

7:00 - 8:30 pm	Intermediate - Advanced Int.	\$140
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## ADULT PLAYER LEVELS

### Which level fits you best?

**Beginner** New player. Less than a year's experience.

**Advanced Beginner** Starting to hit forehand, backhand, and serve. Starting to rally back and forth and play points.

**Low Intermediate** Starting to put serve in consistently.

Developing consistency on ground strokes. Has an understanding of basic strategy but not necessarily able to execute yet.

**Intermediate** Becoming more confident. Starting to develop power on at least one side (FH or BH). Can execute basic strategies of singles and doubles.

**Advanced Intermediate** Able to solidly execute basic strategies. Consistent and hits with some power.

**Advanced Player** Has power, control, variety, and competitive experience